

News & Views

Absolique Hair Health Clinic

18th Edition December 2015



Welcome to the silly season. In amongst all this craziness we hope you find a few minutes to read some articles we thought might help you through the festive season and make positive plans for the New Year upon us. Here is what you will find in our Summer Newsletter: Xmas orders for your Hair Loss Treatment, Christmas Trading Hours, Holiday Hair Loss Treatments, Holiday Nutrition, Modere is Here, Alkalizers Assist, Cosmetics and Personal Care, Female Hair Loss Treatment Results, Mens Hair Loss Treatment Results, The Human Body, The Latest on VitaminD, Scalp Roller – Microneedle Life and Absolique Hair Health Clinic Team News.



Xmas Orders for Your Hair Loss Treatment

The silly season is upon us once again. Seriously, it comes around faster every year, I am sure you feel the same way...! It is time to plan Xmas shopping and on your list don't forget to order your basics from Absolique Hair Health Clinic to make sure you can continue on during this crazy time of year.

If you are in your 1st four months of hair loss treatments it is important that you don't change any of your recommended routine over Christmas. For those on maintenance, just keep up the good work but don't stop your simple topical hair growth products. Basic maintenance topical hair growth products:

- Scalp Brush Therapy
- Absolique Scalp Cleanser
- Activance Practitioner Formula

In the 1st four months of hair loss treatments please continue on your regime as directed in your individual hair loss treatments instructions throughout the silly season where possible, which would be your personalised hair washing and hair loss treatment every second day or 3 times a week. For maintenance, you can drop back to the above basics while on holidays but one must follow the regime minimum 2 times a week.

Please email or phone your order in and allow for the extra time that it may take Australia Post to deliver during this busy time. Email orders to reception team at reception@absolique.com.au or call direct on 07 3229 3242. Note our online shopping cart has been disabled due to many incorrect products being ordered for individual needs and we like to connect with you personally :o)



Christmas Trading Hours Absolique Hair Health Clinic

Ho Ho Ho... Happy Holidays!!! At Absolique Hair Health Clinic we, just like you, work hard all year round and look forward to the Christmas break. With the public holiday falling on weekends this year we maximise our holiday and will be closed for a good rest and rejuvenate between Christmas and New Year.

Emails to info@absolique.com.au will be checked during our below clinic close dates, but please be patient with reply time and order action as we will not have internet access at all times. All email will be replied to and actioned when reception resumes on Tuesday 5th January 2015.

Christmas Trading Hours Absolique Hair Health Clinic:

- Close Thursday 24th December 2015 at 4pm
- Closed Friday 25th December 2015
- Closed Saturday 26th December 2015
- Closed Sunday 27th December 2015
- Closed Monday 28th December 2015
- Closed Tuesday 29th December 2015
- Closed Wednesday 30th December 2015
- Closed Thursday 31st December 2015
- Closed Friday 1st January 2016
- Closed Saturday 2nd January 2016
- Closed Sunday 3rd January 2016
- Closed Monday 4th January 2016
- Reception reopens Tuesday 5th January 2016
- Absolique Trichologist returns Thursday 7th January 2016

For urgent concerns use the above email address but please understand no product orders will be able to be processed during this time. Our promise to you is that we will be onto your orders and emails as soon as we return from Tuesday 5th January 2016.

See following article about 'Holiday Hair Loss Treatment' to make sure you have a happy holiday :o)





Holiday Hair Loss Treatments

During holiday time it can be difficult to stick to your full hair loss treatments plan so be reassured skipping a few steps or missing a few days is not going to have an impact on you results if you follow some simple rules.

When you continue with some basic steps from your individual Absolique hair loss treatment plan, a short term break will be ok but one cannot drop out altogether especially in the 1st four months of your hair loss treatments. The most difficult and time consuming component is the microneedle, so during holiday time it is ok to drop this step at every treatment but one must do the full treatment plan at least once a week.

Holiday Hair Loss Treatments:

- Scalp Brush Therapy
- Scalp Cleanser
- Scalp Tonic
- Activance
- Absolique GRN

You can also drop out the scalp tonic for a short time frame, but you must then really focus on the scalp brush therapy and scalp cleansing. Absolique scalp tonic opens the hair follicle allowing easier absorption of natural hair growth products and then the microneedle creates microchannel for further absorption and also a natural injury reaction which completes combination therapy hair loss treatments.

Holiday Hair Loss Treatments would be ok for a maximum of 3 weeks but you will need to get back into your normal full routine after 3 weeks for best results. Most hair loss treatment plans are applied every second day or three times a week, so please continue the frequency recommended for you during and after Holiday Hair Loss Treatments.

Feel free to email Absolique Trichologist with any questions about Holiday Hair Loss Treatments or call our friendly reception team on 07 3229 3242 to be sure about your plan before we break for our holidays.

Positive Mind.
Positive Vibes.
Positive Life.



Holiday Nutrition

Following on from Holiday Hair Loss Treatments with your topical hair growth products, we can also relax slightly with hair loss treatments combination therapy hair loss treatments. The first four months is the most important so try your very best to stick your treatment plan which would include the Green Qi and nutritional supplements twice a day every day on a hungry empty tummy.

However we do understand Christmas time can be difficult with lots of festive food around and potentially eating out while on holidays. So just like everything else we teach you, balance is the key. So maybe on Christmas day you could have your morning Green Qi and drop out the one in the afternoon, but you would never skip a whole day altogether or do this on consecutive days and never for longer than 3 weeks.

Holiday Nutrition for the first 4 months of hair loss treatments:

- Morning Green Qi
- 30ml Mineral Drink
- 2 EFA Krill
- 2 Adult Multi-Vitamin
- 2 Antioxidant
- Probiotic where prescribed
- Any additional nutrition where prescribed at 1/2 dose

Please keep in mind this is 'Optional', as it is best recommended that you follow your complete combination therapy hair loss treatment plan precisely as instructed especially in the first four months of hair loss treatments. We are just letting you know things can be a little flexible but be sure not to do this unless it is absolutely unavoidable and to make the most of your holiday time. Contact Absolique reception for any further clarification about your Holiday Nutrition. Email reception@absolique.com.au or call 07 3229 3242 before 24th of December. After that you will need to email Absolique Trichologist at info@absolique.com.au as reception will be closed. Be patient with us during this time as we will be away from our usual resources and will try to reply to emails within 48 hours.





Modere is Here

Hopefully if you were using Neways Nutritionals for combination therapy hair loss treatments you have transitioned over to Modere without any hiccups. You should have been able to access the new website with your Neways password and user name.

<https://www.modere.com.au/>

Please let us know if you have had any problems logging in or accessing your account. As you should know, we do prefer if you buy your recommended nutritional products direct online as you do get a good saving compared to buying retail from Absolique Hair Health Clinic. Always follow your treatment instructions and not the dosage or instructions on individual nutritional products from Modere.

Modere is Here, new product names for most recommended nutritionals:

- Natural Mineral Drink was Feroxin
- EFA Krill is still EFA Krill
- Adult Multivitamin was Orachel
- Antioxidant was Revenol
- Probiotic was Lactoflora
- Hair, Skin and Nails was C-Pil Plus

Green Qi is still transitioning so keep an eye out for available date expected to be mid-December. In the meanwhile we do have loads in stock at Absolique so drop in or phone/email your order and we can pop in in the post for you. Remember here how important Green Qi is to facilitate the absorption of the nutritionals we are using for cellular correction with combination therapy hair loss treatments. Unless your pH is perfect and you are eating organic with correct food combining, have no stress and get 7 hours sleep a night... you need the Green Qi for the supplement to absorb.

If you were a Neways member you will have access to 'Legacy Products' from the drop down box under your account icon top right of the new website. Neways Green Qi is still available here for you. For new Modere members who joined after 1/9/15 you will need to get your Green Qi from Absolique until it is available or contact us so we can recommend an alternative safe formula that we have researched.

C-Pil Plus is yet to transition and will be known as 'Hair Skin & Nails, available date has not yet been released to keep an eye on your emails from Absolique and Modere for the news. C-Pil Plus supports healthy hair, skin, nails and circulation, it is an amazing product and for us at Absolique it speeds up our hair loss treatment results, but one must remember that the base nutritional products are required first for cellular correction. So going without C-Pil Plus is not a problem at all, it will just slow things down a little. In most cases after the first four months of hair loss treatments we halve the dose or stop using it altogether, but base nutrition always remains either from simple supplementation or changes to what and how you eat.

For Neways members now with Modere, you will now have a choice about the level of your membership when your annual renewal comes around. You can now simply join under 'Retail' and the membership fee is waived. This is one of the main benefits for Absolique clients from the transition. Please contact us at Absolique for any further clarification or assistance transitioning from Neways to Modere.



Alkalizers Assist

At Absolique we practise alkalizing as the 'alkaline' pH of at least 7.0 is required for proper body function. Se when we are dealing with hair loss, hair thinning, hair loss treatments and scalp conditions, the causes are in most cases from within and a result of body imbalance.

Restoring body balance through Absolique hair loss treatments with alkalizing ensures we are not just addressing symptoms but also causes, which is why we need the body in the best possible zone for nutrition to work by ensuring digestion, absorption and transportation of the elements we are placing back into the body.

Alkalizers Assist Hair Loss Treatments:

- Body pH of 7 is the goal
- Most of us are acid with pH of less than 6.0
- Incorrect pH will effect digestion, absorption and transportation
- Green Qi is used to facilitate the digestion of nutritional supplements
- Green Qi does not alkalize the body
- Acid Buffer is used to help the body reach a higher pH when needed
- Acid Buffer does not alkalize the body

We use Green Qi and Acid Buffer to assist in ensuring nutrients absorb, but alone or even in combination, cannot alkalize the body. It is wrong to think taking some powders is all that is required for balanced pH. There are so many elements that effect body pH and this is what really needs to addressed, go back to your Easy pH Green Book and have a read, all the tips are there.

In some cases you will also be dealing with a build-up of toxins that simple happen throughout life from expose to elements you probably are not aware of. So if you are making all the right changes, managing stress and have good health on the surface yet your pH won't raise, this is most likely the case and a chat about your life will find some clues as to where they came from. It is important to understand pH balance is not essential for the success of hair loss treatments as long as you use the alkalizers. Green Qi and Acid Buffer are our little cheat factors and can reduce the stress of making many changes to become alkaline.

Oral chelation helps to eliminate toxins which in turn raises pH along with diet and lifestyle changes, but this is not necessary nor recommended in the first four months of hair loss treatments but optional once you are in your maintenance phase keeping in mind we don't require that to grow hair as long as you stick with the alkalizers. Obviously the more balanced you pH, the healthier you are, and you are actually taking preventive measures to protect against future health and hair concerns.

Be sure to stock up on your alkalizes for Christmas... Green Qi to take your supplements and Acid Buffer is very helpful around all the naughty but yummy food and beverages that will surround you.



Cosmetics and Personal Care – Dangerous Beauty by Peter Dingle(PhD)

Following on from our alkalizing article, I thought it best to share where some of your exposure to toxins could be taking place. The above mentioned book has been part of my personal library for a long time and I refer back to it frequently to check the safety of product ingredients. Check the book out online here and consider spending the \$10 to further help your health by eliminating these toxic influences. <http://www.drdingle.com/dangerous-beauty/> Many personal care products contain any number of ingredients that are toxic or less than safe. The list of ingredients that have concerns surrounding them is extensive. The ingredients listed here are some of the most common toxic ones. The best option may be to find a company like Modere who are committed to making safe, effective products avoiding all known toxic ingredients.

Common Toxic Personal Care Product Ingredients:

- Shampoo/Conditioner – SLS, SLES, cocamidopropyl betaine, glycerine, quaternium, coal tar, DEA, propylene glycol, formaldehyde, tallow, isopropanol
- Hair Sprays & Styling – DEA, BHA, methylene chloride, toluene, fluorocarbons
- Hair Dyes – phenylenediamine, hydroxyanisole
- Skin Care & Cosmetics – Propylene glycol, parabens, DEA, 2-bromo2-nitropropane I, Bronopol, BNDP, BHA, coal tar, formaldehyde, glycerine, alpha hydroxyl acids, lanolin, mineral oil, SLS, SLES, PEG, sodium hydroxymethylglycinate, petrolatum, bentonite, kaolin
- Talc – Frequently used in make-up, blocks pores, associated with increased ovarian cancer, dangerous when inhaled
- Toothpaste – Fluoride, SLS, parabens, saccharin, propylene glycol, artificial flavours and colours
- Antiperspirants – Aluminium, propylene glycol, triclosan
- Sunscreen – PABA, benzophenones, dibenzoylmethanes
- Baby products – BHA, propylene glycol, talc, SLS, SLES
- Bubble bath/body washes – SLS, SLES, DEA, TEA MEA, quatenium, PEG, fragrances
- Soap – Tallow, lye which is a skin irritant
- Shaving cream – SLS, propylene glycol, DEA, MEA, PEG
- Nail treatments – Acetone, acetonitrile, formaldehyde, toluene, isopropanol
- Fragrances – Perfumes, air fresheners and fragrances in a wide range of personal care products can cause asthma, hyperactivity and headaches. Over 100 toxic ingredients not identified on labels used as fragrances are capable of causing cancer, birth defects, central nervous system damage and allergic reactions

As you can see, there is a lot more out there than meets the eye, and the story is not much better when we look at food. Absolique Hair Health Clinic do not use or recommend any products that contain harmful ingredients and we have done our research to be sure the safe products we use and recommend really are what they say they are and do what that are designed to do. Hopefully this has helped you realize of the exposure we have all had throughout life this far without even considering work and environmental exposure to harmful substances. Take the clean home challenge with Modere and gradually swap harmful product for ones that are safe for you and your family.



Female Hair Loss Treatment Results

As a practising Trichologist for 18 years now, it is simply scary how hair loss and hair thinning has increased in young adults. The toxins we have already discussed are putting a strain on the immune system and add to that synthetic hormones in a state of low iron, low ferritin and low vitamin D, it's a recipe for hair loss problems and other health problems.

Here we share Miss J's results, she is only 24 years old and had visible hair thinning. She shared she has always had thin hair since she was a child but it had changed over the last four years and was much thinner than it had ever been. Trichology Consultation found there was a family history of female pattern thinning and she had used the birth control pill since she was 16 with prescription changes because of associated weight gain. Current blood tests showed low iron and ferritin on top of a vitamin D deficiency.

Hair Health Check Microscopic examination found:

- Hair cycle concerns
- Diffuse hair thinning from the past as hairs were not growing properly
- 16 diffuse damaged hairs/cm in terminal area well away from the pattern thinning area
- 6 translucent hairs/cm in terminal area that are invisible without a microscope
- Female pattern thinning
- Empty follicles and vellus hairs
- Scalp oil and poor scalp circulation



All the symptoms found with the microscope made sense and are consistent with someone who has had diffuse hair loss from starting/stopping/changing birth control or from low iron or low ferritin, so because there was a few things going on the hair had not grown back to its genetic hair type and the scalp environment had changed.

We went in with combination therapy hair loss treatments addressing all symptoms and causes for 4 months to deliver this impressive result. One has to understand here that there is a lot going on and the first 4 months are the hardest but certain will show you positive hair growth then we help to continue with simple maintenance hair loss treatments.

Mens Hair Loss Treatments Results



This results sharing is to demonstrate how simple maintenance after addressing symptoms and causes can continue to deliver results. Mr K age 32 originally visited Absolique Hair Health Clinic in March 2014 concerned about hair loss and dry scalp which showed up under the microscope as male pattern thinning, dry scalp and scalp scale.

Initial 4 month treatment focused on correcting scalp balance topically with safe scalp products whilst addressing DHT related to male pattern thinning naturally internally and topically. Mr K's hair cycle was in good order and he was in good health so we focused on male pattern thinning which is not actually hair loss as was explained and agreed that the main concern was thinning hair in patterns over the scalp which can be assumed to be hair loss.

Mens Hair Loss Treatments Results, Male Pattern Thinning:

- Is not hair loss as in hair falling out
- Is a gradual thinning of hair in the typical male pattern thinning areas
- Is commonly confused with hair loss
- Is caused by DHT (Dihydrotestosterone)
- Can be prevented and treated
- Does not have to result in baldness
- Is caused by hereditary, hormonal, environmental and free radical effect
- Is presenting as early onset due to so many environmental factors in today's world



Mr. K showed significant improvement in the first four months at Scope session check in so we decided to continue as most of the products had not run out and the routine was now part of a simple hair washing regime. We checked in again 4 months later and once again could clearly see improvement to the point we both decided we were happy with results and decided simple maintenance was required.

At Absolique we always check in every 4 months, so this time were are sharing how some basic beginnings can be progressed further to continue delivering hair thinning results. Maintenance includes a basic hair washing regime including: Topically Scalp Brush Therapy, Absolique Scalp Cleanser, Activance Practitioner Series and internally Green Qi once a day with natural mens prostate health supplement to stop DHT binding.

I hope you all agree with the progress achieved in the past four months with a simple program that looks after scalp, hair and body with no side effects. As a precaution we always look at blood tests to make sure we have body balance and always check in with you about pH. The latest catch up with Mr K found some deficiencies such as Vitamin D, Ferritin, general base minerals and low good cholesterol. All of this needs to be taken into consideration as if body balance is not right, it will in turn effect the body, health and hair and could potentially undo all the good work we have done.

So with a plan in place for health and hair with assistance of doctor we move forward to the next 4 months and will check in once again. Remember it all begins with correct diagnosis and honest maintenance that you understand and agree with. Hope you enjoy this wonderful story and amazing head of hair as much as we do!

Study of Body Systems



The Human Body

It astounds me on a daily basis how much the human body can cope with. The human body is underestimated and we all take it for granted not understanding all the processes it has to deal with just too simply function. I came across an amazing explanation of the human body processes shared by my favourite authors and researcher, Phillip Day. Please have a read about your amazing body.

There are in the human body 600 muscles, 1000 miles of blood vessels, and 550 arteries important enough to name.

The skin, spread out, would cover 16 square feet. It has 1,500,000 sweat glands which spread out on one surface, would occupy over 10,000 sq. ft., and would cover 5 city lots, 20 x 100 ft. The lungs are composed of 700,000,000 cells of honey comb, all of which we use in breathing, equal to a flat surface of 2,000 square feet, which would cover a city lot.

In 70 years, the heart beats 2,500,000,000 times, and lifts 500,000 tons of blood.

The nervous system, controlled by the brain has 3,000,000,000,000 nerve cells, 9,200,000,000 of which are in the cortex or covering of the brain alone.

In the blood are 30,000,000 white corpuscles, and 180,000,000,000,000 red ones.

Almost 3 pints of saliva are swallowed every day, and the stomach generates daily from 5 to 10 quarts of gastric juice, which digests food and destroys germs.

Two gallons daily!

Hairs on the average head - 250,000.

In an average healthy adult, the volume of blood is one-eleventh of the body weight, or between 5 and 6 quarts. (The amount of oil used in the average V8 engine) In ten years, the average man shaves off a pound of whiskers.

A cough releases an explosive charge of air that moves at speeds up to 60 mph.

A fingernail or toenail takes about 6 months to grow from base to tip.

A human being loses an average of 40 to 100 strands of hair a day.

A person will die from total lack of sleep sooner than from starvation. Death will occur about 10 days without sleep, while starvation takes a few weeks.

A sneeze can exceed the speed of 100 mph.

According to German researchers, the risk of heart attack is higher on Monday than any other day of the week.

Blondes have more hair than dark-haired people.

By age sixty, most people have lost half of their taste buds.

By the time you turn 70, your heart will have beat some two-and-a-half billion times (figuring on an average of 70 beats per minute.) Only one person in two billion will live to be 116 or older.

Each square inch of human skin consists of twenty feet of blood vessels. Every human spent about half an hour as a single cell.

Babies are born without knee caps. They don't appear until the child reaches 2-6 years of age.

Every person has a unique tongue print.

Every square inch of the human body has an average of 32 million bacteria on it.

Every time you lick a stamp, you're consuming 1/10 of a calorie.

Fingernails grow faster than toenails.

Our eyes are always the same size from birth, but our nose and ears never stop growing.

Humans shed about 600,000 particles of skin every hour - about 1.5 pounds a year. By 70 years of age, an average person will have lost 105 pounds of skin.

Humans shed and re-grow outer skin cells about every 27 days - almost 1,000 new skins in a lifetime.

If it were removed from the body, the small intestine would stretch to a length of 22 feet.

If you are locked in a completely sealed room, you will die of carbon dioxide poisoning first before you will die of oxygen deprivation.

If you go blind in one eye, you'll only lose about one-fifth of your vision (but all your depth perception.) In a lifetime the average US resident eats more than 50 tons of food and drinks more than 13,000 gallons of liquid.

It takes 17 muscles to smile, 43 to frown.

Jaw muscles can provide about 200 pounds of force to bring the back teeth together for chewing.

The 'funny bone' is not a bone, it is a nerve.

The ashes of the average cremated person weigh nine pounds.

The average human body contains enough: iron to make a 3 inch nail, sulfur to kill all fleas on an average dog, carbon to make 900 pencils, potassium to fire a toy cannon, fat to make 7 bars of soap, phosphorous to make 2,200 match heads, and water to fill a ten-gallon tank.

The average human produces 25,000 quarts of spit in a lifetime, enough to fill two swimming pools.

The average person releases nearly a pint of intestinal gas by flatulence every day. Most is due to swallowed air. The rest is from fermentation of undigested food.

The feet account for one quarter of all the human body's bones - That's 52 bones in the feet alone.

The average person takes 8,000 to 10,000 steps a day. Those cover several miles, and they all add up to about 115,000 miles in a lifetime -- equal to circling the globe nearly five times.

When a person weighing 150 pounds jogs three miles, the cumulative impact on each foot is greater than 150 tons.

A pair of feet have 250,000 sweat glands and can produce as much as eight ounces of sweat in one day.

The human body has enough fat to produce 7 bars of soap.

The human body has over 600 muscles, 40% of the body's weight.

The human brain is about 85% water.

The largest cell in the human body is the female reproductive cell, the ovum. The smallest is the male sperm.

The largest human organ is the skin, with a surface area of about 25 square feet.

The left lung is smaller than the right lung to make room for the heart.

The most common blood type in the world is Type O. The rarest, Type A-H, has been found in less than a dozen people since the type was discovered.

The sound of a snore (up to 69 decibels) can be almost as loud as the noise of a pneumatic drill.

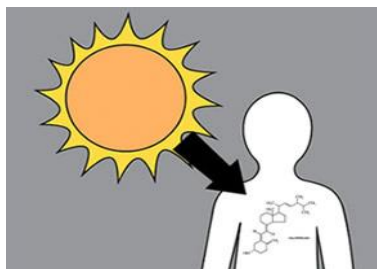
There are 45 miles of nerves in the skin of a human being.

Three-hundred-million cells die in the human body every minute.

Women burn fat more slowly than men, by a rate of about 50 calories a day.

Women's hearts beat faster than men's

We are fearfully and wonderfully made. (Psa 139:14)



The Latest on Vitamin D

Research into the health benefits associated with Vitamin D has been growing strong over the past years. The number of publications with Vitamin D in the title or abstract list at pubmed.gov increased from 3,119 in 2011 to 3,919 in 2014. Check out Top Vitamin D Research pf 2014 by William B. Grant, PhD <http://credence.org/Eblast/290915vitd/vitd-1.htm>. This is a very in depth presentation reporting on 20 papers presented in 2014.

Another interesting paper Vitamin D – A Summary, covers Vitamin D RDA (recommended daily allowance), sun dosing, testing, age/oral dosage and resources

<http://credence.org/Eblast/290915vitd/vitd-2.htm>

Vitamin D – A Summary, the latest research recommends the following interpretations:

- < 20 nmol/L – seriously deficient
- 40 nmol/L – very deficient
- 40 – 100 nmol/L – deficient
- 130 – 150 nmol/L – normal
- 170 – 200 nmol/L – therapeutic
- > 230 nmol/L – toxic threshold

If you do require Vitamin D supplementation be sure to find minim of 1000IU in capsule form or equivalent or follow your healthcare provides advise. Take supplementation in a pH alkaline environment preferably with Green Drink to ensure effective absorption and be sure to check levels are raising before adjusting or stopping Vitamin D supplements. Always consult with your healthcare provider before making changes to recommended allowances.





Scalp Roller – Microneedle Life

The Scalp Roller microneedle is an integral part of Absolique natural hair loss treatments and hair thinning treatments as a facilitator to assist absorption of natural hair growth products. The tiny microneedles create micro channels on the scalp surface which assists absorption of hair growth products without the need for chemicals traditionally used to break through the scalp skin barrier.

The microneedle also triggers a natural healing action which also assists in the process of cellular hair growth and collagen production for healthy scalp. The 192 stainless steel microneedles with 0.75mm needle length are like the tip of the needles used in acupuncture. The word microneedle conjures up fear in many individuals but if you have ever had acupuncture you would know it is not an unpleasant experience.

Scalp Roller – Microneedle Life:

- 192 stainless steel Microneedles with 0.75mm needle length
- Process is pain free, just moderate pricking sensation
- Supports collagen and elastin repair and can be used on all areas of the scalp
- Is cost effective, reusable and lasts up to 180 applications when cared for as directed
- Suitable for all skin types except stainless steel allergic skin, active acne, eczma, warts, moles, skin cancers or broken irritated scalp skin
- Solid, durable, high quality autoclavable plastic that will withstand temperature up to 180 degrees
- Should be used only and exclusively by one person
- Can be cleaned with a medical grade alcohol sterilizing solution or denture cleaner

If pain or bleeding is experienced reduce the pressure when applying your Microneedle Scalp Roller or check the age of your Microneedle Scalp Roller. The needles do become blunt over time and it may need replacing. There will be no visible signs of the needle sharpness deteriorating, but if you notice any increase in pain while using the Microneedle Scalp Roller it is a sign the needles are becoming less sharp and you will need to replace it. After 180 uses, you should replace your Microneedle Scalp Roller.

Always check with Absolique Trichologist before replacing your microneedle to ensure if it is still required for your maintenance hair loss treatments or hair thinning treatments as things do become easier overtime and most times we can drop out the microneedle once we have reached your desired result.

Remember scalp roller microneedle on its own is not a hair loss treatment or a hair thinning treatment, it is only a facilitator and should never be used with any chemical solutions, never used on broken or irritated skin and never used more frequently than once every second day.



Absolique Hair Health Clinic Normal Trading Hours

Note Xmas Hour will Vary

Monday - Closed
 Tuesday - 10am to 5pm
 Wednesday - 10am to 6pm
 Thursday - 10pm to 6pm
 Friday - 10am to 6pm
 Saturday - 10am to 2pm

For those who have been with us for a while you will be missing our lovely front reception team member Colette who left us to have a bubba and both are doing very well. Our wonderful Tessa has been looking after all your needs and doing the most amazing job I know you will all agree. Happy and sad... Tessa will be leaving us too as she is expecting her 1st bubba too!!!

So we want to let you know you will see some new faces around. Angela has been with us for a while now and steps into front reception and other behind the scenes work, so you may have already had contact with her happy persona and we welcome Danielle who will be your go to girl once Tessa leaves us at Easter in 2016.

We are here to support you through your hair health journey so please feel free to email reception on reception@absolique.com.au or call the clinic on 07 3229 3242. Please leave a voice message if we don't answer as things can get crazy on the phones sometimes. We always get back to you! To email Trichologist direct info@absolique.com.au

Team Absolique wish you the Happiest Holidays an Healthy wishes for the New Year.

Yours in Healthy Hair,
 Carolyn Evans Trichologist and Team Absolique

Brisbane: Suite 3/669 Brunswick St New Farm 4005 Ph 07 3229 3242
 North Sydney: 83 Walker St. Appointments available on request Ph 02 8014 6916
 Email: info@absolique.com.au Websites: www.absoliquehairhealthclinic.com.au
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