



News & Views Absolique Hair Health Clinic 32nd Edition – Winter/June 2019



Welcome to Absolique Hair Health Clinic's June/Winter 2019 Newsletter. It may be cooling off in Australia, but that certainly hasn't slowed us down. As always, we are busy in clinic looking after our loyal clients, and behind the scenes keeping you all up to date with relevant information.

In our 32nd Edition you will find more on what Absolique has to offer to new and existing clients, more helpful information from explaining what a Trichologist is, to helping you avoid hair loss. As always, we have more hair loss treatment success stories, and some exciting news about AfterPay! If there is any topics you would like to be covered in future editions, please let us know. Happy reading!

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Absolique Organic Hair Salon

If you have not yet heard the exciting news, Absolique Hair Health Clinic has relocated to Spring Hill, where we have built a purposed designed clinic which now incorporates a private, organic hair salon. With services using only safe products, our prices are affordable, and open only to those who have hair or scalp concerns or simply want the best for hair health. Check out our price list below, and book your next hairdressing experience with Absolique Organic Hair Salon.




ABSOLIQUE HAIR HEALTH CLINIC
ORGANIC HAIR SALON

Hair & Scalp Treatments
includes dryoff

Hair Cell Treatment	\$60
Oway Organic Purifying Rice Scalp Treatment	\$90
Rebuilding & Reconstruction Program - 4 customised infrared rebuilding sessions & take-home products (valued at \$96)	from \$390

Cutting & Styling
includes Absolique Signature Scalp Cleanse and Treat Ritual and professional blow-dry finish

Ladies Style Cut	\$95
Ladies Restyle Cut - with complementary blow dry lesson	from \$110
Men's Style Cut	\$60
Ladies Blow-dry (long & speciality styling extra)	From \$60

Oway Organic Permanent Colour
includes dryoff

Regrowth or Short Hair	\$110
Medium Hair	\$120
Long Hair	\$140
Toning/Refresher Shades (\$25 with colour service)	from \$55

Foils
includes dryoff

T-Section Foils	from \$120
Half Head of Foils	from \$150
Full Head of Foils	from \$250

All of Absolique Organic Hair Salon services require a complimentary, 15-minute consultation. Bookings are essential. Absolique Organic Hair Salon maintains a high level of privacy for all of our clients and is reserved for those who have had a microscopic diagnosis for their hair and scalp concerns with Absolique Hair Health Clinic Trichologist.



Suite 5/71 Bradley Street, Spring Hill, QLD, 4000



07 3229-3242



info@absolique.com.au



www.absoliquehairhealthclinic.com.au



Absolique Hair Health Clinic

- Please join us for a complimentary evening to learn, try and experience the

Arbonne Advantage

Safe anti-aging skin care
Genius ultrasound device

Safe make-up matched to your individual skin tone
Hands on learning with experienced make-up artist and
Arbonne specialist

When:
Wednesday 12th June 2019
5:30pm - 6:30pm

When:
Absolique Hair Health Clinic
Suite 5/71 Bradley Street, Spring Hill

R.S.V.P:
to Carolyn at info@absolique.com.au.
Spaces are limited for individual attention.

Lucky door prize on the night
(valued over \$85).

What is a Trichologist?



A Trichologist is a hair specialist who has studied the science of the hair and scalp, known as Trichology. Trichology is the branch of medical and cosmetic study and practice concerned with the hair and scalp. Absolique Trichologist, Carolyn Evans-Frost is a clinical Trichologist and has been practising Trichology in a clinical environment with a holistic approach for over 15 years, with a further 7 years in the hair replacement industry learning, researching, and studying various hair loss treatment techniques.

Absolique Trichologist has also undertaken many further studies to complete her whole-body (holistic) understanding and approach to diagnose and treat all types of hair loss, hair thinning, and scalp conditions.

What is a Dermatologist? A Dermatologist is specialist that manages diseases, in the widest sense, and some cosmetic problems of the skin, hair and nails. Dermatology is the branch of medicine dealing with the skin, nails, hair, and its diseases. It is a specialty with both medical and surgical aspects.

What is a Doctor? A Doctor of medicine (MD). MD is a medical degree and denotes a professional graduate degree awarded upon graduation from medical school.

What is the difference between a Trichologist, Dermatologist and Doctor? A Trichologist has studied specifically the science of the hair and scalp and understands the various types of hair loss, hair thinning, and scalp conditions. They will individually uncover and address all underlying causes and symptoms. Absolique Trichologist has had over 20 years of experience in learning your individual story through complete consultation skills and understanding how to read individual blood tests, to offer you selective treatments that will work for you, your budget, and your individual concerns. Absolique Trichologist has also mastered the microscope to read your hair growth, hair cell function and assess your hair cycle.

A Dermatologist is trained to treat medical symptoms. Treatments may be helpful; however due to medical training, tend to address only symptoms, not the underlying causes. Dermatologists are not trained in the knowledge of the hair cell, hair cycle and all the associated factors that are important for correct diagnosis and holistic treatment. Many Dermatologists' treatments stem from misdiagnosis, unnecessary and expensive scalp biopsy, suppressing the immune system, use of topical steroid applications and the use of synthetic hormones to address hair loss when it is associated with something as simple as low iron or ferritin. Many Dermatologists' treatments can cause more hair loss initially.

A Doctor should be your go to health care partner. However, they do not understand, nor take hair loss seriously if you still present with some hair. Doctors only have half a page of hair and scalp science in 8 years of study and recommendations are guided by pharmaceutical companies and their reference guides.

I, Absolique Trichologist, as a female having been through hair loss, hair thinning, and now normal hair regrowth, am best suited to help you with your hair loss, hair thinning, and scalp concerns. I understand how to read blood tests and to look at ranges to identify highs, lows, and fluctuations that affect the hair. Doctors and Dermatologists are not taught this and generally turn to medical intervention rather than identifying and addressing lows, highs and fluctuations holistically.

Activance Practitioner. Why it's so special.



Absolique Trichologist, has over 20 years' experience in clinical Trichology along with studying many other body, health, nutrition and chemistry systems related to hair loss, hair thinning and scalp conditions. With this knowledge, come exclusive skills to identify and address individual symptoms and causes and offer treatments that are unique to you. One of our hair loss treatments is Activance Practitioner formula.

This special formula is only available from a Trichologist; following a consultation and diagnosis to be sure we are addressing the individual concerns. Activance Partitioner is specifically formulated to address concerns of hair loss, hair thinning, and scalp conditions, however must be used correctly and in combination therapy to deliver the desired result.

Activance Practitioner:

- Only available from a Trichologist
- Must follow Trichology diagnosis
- Not available online
- Cannot buy direct from supplier

Absolique Trichologist's instructions to use Activance Practitioner formula and are very different from the generally available Activance Professional range. It can be a little confusing as the main name 'Activance' is the same, however the formulas and usage are very different. As Absolique Trichologist, I have seen clients purchase the Activance Professional range online thinking it will deliver the same results, and it does not.

Activance Professional is a great range for general hair and scalp health; however Activance Practitioner will help to address the more serious cases of hair loss, hair thinning, and scalp conditions. Absolique Trichologist Brisbane is also very prescriptive with all treatments to be sure we are addressing both symptoms and causes for individual desired results.

It is very important to follow your prescriptive hair loss treatment plan designed for you, especially in the first 4 months of treatment. Activance Professional may be cheaper, but that reflects in the effectiveness of the product and is not enough to address the more serious hair and scalp problems. If cost is a concern, please make Trichologist Brisbane aware at your 4 month check-up so we can design a new plan whilst also maintaining positive results.

Scalp preparation is also very important for Activance Practitioner to be effectively absorbed. Absolique Trichologist will advise you of your prescriptive scalp preparation and what Activance Practitioner is doing for you to help stabilize your hair cycle. It protects against pattern hair thinning with antioxidant, rhodanide, and moisturises your scalp and hair with the MSM molecule, as well as scalp healing, adding volume to hair, and triggering new hair growth with other synergistic ingredients. It is rather amazing for a singular product, so please don't buy the wrong one online and compromise your results. To order Absolique Activance Practitioner Formula you can email info@absolique.com.au, or call reception on 07 3229 3242 to arrange to have it posted out to you. Please refer to reception opening hours on Team News page.

Free 15 Minute Phone Chat



Absolique Trichologist Brisbane understands it can be confusing, scary and intimidating when looking for the right hair loss, hair thinning or scalp treatment. There is so much misinformation available online, as well as incorrect diagnosis from well-meaning doctors, dermatologists and even other Trichologists, who don't address underlying causes.

By the time many of my clients find Absolique Hair Health Clinic, they have tried so many things and have not ever been provided with a diagnosis, or

commonly, given the wrong diagnosis. For example, someone with diffuse hair loss, or 'telogen effluvium' was recommended to use Rogain, which is for pattern hair thinning only! Most doctors and dermatologist do not understand the role of the hair cell and the hair cycle as the main underlying cause.

Free 15 Minute Phone Chat:

- Helps you understand the difference between hair loss and hair thinning
- Identify your underlying causes
- Misdiagnosis confusion can be corrected
- Reach out to Absolique Trichologist to find the truth

A woman low in iron, with diffuse hair loss will point out her thinning temples, so the treatment is targeted to pattern hair thinning, however the main problem is the low iron. To help you understand how Absolique Trichologist is different and to discuss how we could help, we offer 15-minute scheduled phone appointments, free of charge, available once to every new client. At this phone appointment, Absolique Trichologist will answer any questions and explain why your treatments may not be working and how we can help you get to the underlying causes to achieve results. Depending on you location, this free 15 minute appointment can also be done via Skype.

Absolique Trichologist has turned around many bad hair loss stories simply starting with this obligation-free service. We can help you to understand the different types of hair loss and hair thinning, as well as the relationship between blood test results and your hair. Blood tests have set ranges; you are told you are fine if your numbers are in range. However, Absolique Trichologist understands the chemistry relationship between the different elements, and that lows and highs within range can be the underlying cause which must be addressed.

You can email info@absolique.com.au to enquire about our free 15 minute phone chat. Absolique Trichologist Brisbane can help you find underlying causes that many other professionals have missed, we are here to help and offer this free service to share why we are different with what we search for and find with our complete consultation and exclusive microscopic diagnosis.

Afterpay – Coming Soon!

Getting started with some hair loss treatments and hair breakage treatments can be expensive. You will need to get one of everything that is specifically recommended to you, then they run out at various time during your 4-month treatment time frame with the ongoing cost minimal and staggered. Absolique Trichologist will always offer various steps in your hair loss treatment plan. Some people really need to do all the steps in the first 4 months to address underlying causes as well as symptoms for best results.

Absolique Trichologist will only ever recommend what is necessary to help your hair or scalp concerns which may include topical hair loss treatments and nutritional therapy. Other services may be of assistance during your hair loss treatment journey, which are now available in our Brisbane organic hair salon. Afterpay may be helpful to get you started on your hair loss or scalp treatment journey. Afterpay will not be available for nutritional therapy dietary supplements, as per Afterpay agreement.

Absolique Introduce Afterpay:

- Not available for nutritional therapy dietary supplements
- Can be used for in clinic hair loss treatments packages
- Hair breakage packages
- Laser hair loss treatment packages
- Hair additions, hair extensions for volume packages
- Hair loss treatments products

Afterpay is a fair and affordable way to help you get started on your recommended treatment now so you can achieve your hair growth results sooner with payments structured to your budget. Absolique hope Afterpay will make recommended treatments within reach for more clients who really need help.

Afterpay agreement, term and conditions are exclusively set out by Afterpay and have no connection with Absolique Hair Health Clinic, other than we have agreed to offer this as a payment method for you. Afterpay is a post-purchase layby system which charges the merchant 6.00% fee from settlement amount + \$0.30c (plus GST) and is picked up by Absolique because we truly want to help everyone when it comes to hair loss, hair thinning, hair breakage, and scalp concerns. Any other charges from Afterpay are not Absolique's responsibility. For more information about our services, products and packages, email Absolique Trichologist Brisbane at info@absolique.com.au



Women's Hair Thinning Treatment Story



Absolique love sharing our success stories and hope they encourage you to act, as it is never too late to find out about your hair loss or hair thinning and understand it is not simply age related and it is not normal. By the time most women come to me they are literally pulling their hair out because the doctor can't help, the dermatologist only prescribes chemicals and steroids that don't address the causes and don't work, and they are left feeling hopeless with hair anxiety.

For this story there was a 20-year history of health problems and medications along with more recent diagnosis of Thyroid condition, Hashimotos. The hair had been changing gradually, but like most people, no one connected the hair problems to health. The hair volume had reduced and what was once beautiful wavy hair was now big frizz.

Women's Hair Thinning Treatment Story:

- It's never too late to find out about your hair loss or hair thinning
- Left feeling hopeless with hair anxiety
- 20-year history of health problems
- Thyroid condition, Hashimotos
- Absolique Trichologist Brisbane uncovers your individual story to offer hair loss treatment



Absolique Trichologist Brisbane uncovers your individual story with thorough consultation skills, and will get accurate diagnosis of your individual hair growth status with microscopic technology and the understanding of how to read the hair and scalp. This story had uneven and overactive scalp circulation, oil blockages in the hair follicle, dry and scaly scalp with 50% of the hair strands not growing normally and dormant empty follicles, there was a lot wrong there.

What we had was diffuse hair thinning, which results in reduced hair structure and then hair breakage. In this story it was a seemingly normal hair colouring services that lead to hair breakage that really exposed the underlying hair thinning. The hairdresser had no way of knowing that the hair strands were not growing properly, so a normal hair colour service could cause hair breakage.

A Hair Loss Treatment Plan was to stabilise the hair cycle, work on correcting it with nutrition, creating the right environment for absorption and connecting the dormant empty follicles with the renewed cellular health. The Hair Loss Treatment timeframe is 4 months to get to the cell before it divides, create the right cellular environment for your DNA to reconnect, then for the cell to divide and grow into a normal hair which is seen at scalp level. If you relate to this story, like the results or have your own hair thinning concerns, please reach out to Absolique Trichologist Brisbane so we can help you too. Email info@absolique.com.au

Men's Hair Thinning Treatment Story

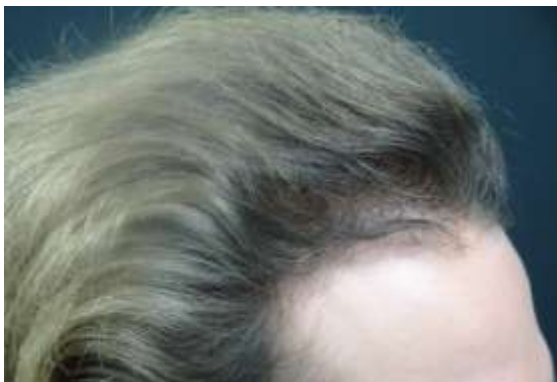


This story started back in 2016 when I met an 18-year-old male with what appeared to be early onset male pattern thinning. There were hereditary factors with the same happening to his father, but much later in life. Therefore, we use the term early onset male pattern thinning, as it should not be starting at such a young age. Sadly, this is now a common thing due to additional hormonal, environmental and free radical factors contributing.

Early onset male pattern thinning appears when there is a dysfunction of the hair cell and hair cycle diffusely all over the head. Most young men don't see the changes at the back of the head so think they have male pattern thinning alone. Absolique Trichologist Brisbane microscopic Hair Health and Scalp check quickly and clearly show the breakdown is in the terminal area also, well away from any pattern of hair thinning.

Men's Hair Thinning Treatment Story:

- Early onset male pattern thinning
- Additional hormonal, environmental and free radical factors
- Hair thinning treatment to address causes and symptoms
- Address deficiencies, poor diet, junk food and high sugar



This information is key for choosing the right hair thinning treatment to address causes and symptoms alike. With this story we identified over 60% of the hair all over the scalp was not growing properly with secondary early onset male pattern thinning. We formed a hair loss treatment plan to get stability and protect from male pattern thinning using topical antioxidants and also started checking on health, diet, lifestyle and blood tests for nutritional levels. This simple approach worked well in the early

days of hair loss treatment but as the years went on, life went on with work and social life impacting health further.

At one check in we realised our basic approach was not holding the results any longer, so we looked for other contributing factor where we found some deficiencies, poor diet, junk food and high sugar all having an impact. We had a good talk about how this is all very relevant and made some suggestions along with providing some supplements and added another topical step to go after further antioxidant protection and hair regrowth.

The results speak for themselves and we have now dropped back to some simple maintenance steps to keep the hair as it is for future. Hair loss treatments addressing all symptoms and causes work best to deliver results and must be based on the individual circumstances. Once we reach the desired result we can and do drop back the level of treatment to a basic maintenance for future hair health and we track your health too. Real results start with a correct diagnosis. Follow this link to find out more about Absolique Trichologist Brisbane; [Hair Health and Scalp Check](#).

Avoiding Hair Loss



Absolique Trichologist Brisbane can successfully help you avoid the side effect of hair loss from stopping and starting medications, whilst working of deficiencies and post-pregnancy diffuse hair loss. With over 20 years' experience as a practising clinical Trichologist, Carolyn Evans-Frost has helped thousands of people recover from hair loss and avoid hair loss when faced with various hair loss triggers.

Understanding the hair cycle is the key here. When there is a significant change in the body, it can cause diffuse hair loss three months later.

Absolique Trichologist Brisbane can help to identify the status of your current hair cycle and cellular hair growth to put in place hair cycle stabilisers. This is incorporated into your home hair washing routine, and is easy and affordable.

Avoiding Hair Loss:

- Avoid the side effect of hair loss from stopping and starting medications
- Stabilising the hair cycle is key
- Diffuse hair loss is common when stopping birth control
- Utilise Absolique Trichology services to put a plan in place to avoid hair loss
- 3 months advanced planning is required
- Check blood test to be sure all levels are in place

Such a situation may occur particularly when starting or stopping birth control. Many women experience diffuse hair loss from this and there is a general underlying associated factor that Trichologist Brisbane can find by using your blood test results and microscopic examination of your current hair growth. With the gathered information we can put a plan in place based on your individual circumstances to avoid the pending hair loss and be sure the body is in the right environment for normal hair growth.

Another common hair loss trigger is starting and stopping the use of over-the-counter Minoxidil, Rogain and similar products. As this is available without a diagnosis and often the only suggestion from doctors, many people are using it by the time I get to help with correct diagnosis. If you are using it, I encourage you to utilise my Trichology services before stopping so we can put a plan in place to avoid the stoppage hair loss.

Absolique Trichologist has run many clinical trials proving we can indeed avoid hair loss from common triggers such as iron/ferritin and Vitamin D deficiency, coming off birth control and other medications and to avoid post-partum alopecia. To avoid the hair loss, we need to get started at least three months before the intended change to avoid the hair loss. For example, with post-pregnancy hair loss, we would need to get a plan in place at the beginning of the last trimester, 3 months before weaning off the pill and at least one month before stopping Rogain. For more information email Absolique Trichologist Brisbane at info@absolique.com.au

Food Know How



As Absolique Trichologist, I have studied nutrition many times over my career and have continued to stay up to date with the latest research. Many of the fad 'eating plans' fail to fit all nutritional categories. So here is an outline of a well-balanced way of eating for omnivores, vegetarians and vegans alike. Avoid gluten, dairy and sugar, it is not good for anyone and blocks absorption in every human being. Understand food combining, animal proteins don't work with carbohydrates; these are all the starchy foods like pasta, bread, potatoes and high GI foods. No fruit with any other food or any other fruit. Plant proteins are incomplete and need to be combined with another plant protein to make it complete such as tofu with sesame seeds, pulses with nuts, vegetables with nuts and seeds.

Good fat is also important to provide Essential Fatty Acids (EFA's). Humans cannot make their own, we need to consume them and then assimilate them. Incorporate good fats into meal planning, such as cooking with coconut oil or grass feed organic butter, these are heat stable. Cold pressed olive oil changes when heated and will provide no benefit if not taken raw. Organic eggs, this is more than just free-range, it about what did the chicken eat. Wild caught fish; farmed fish are fed grains and antibiotics, you do not want to eat this, and they contain no good fats because they cannot make EFA's either, they make them from what they eat too. Other sources of EFA's are avocados, nuts, seeds and the associated butters, organic coconut products and other organic oils when eaten raw.

How much protein? This depends on your eating style, body weight and exercise level. As a rule for omnivores, eat at least one serving (90g) of protein a day. Use a variety of meat, chicken, fish, eggs and have some vegetarian or vegan days to let your body have a break, as it is hard work digesting animal proteins. Vegetarians will need at least 2 meals a day with protein, either from eggs, fish or combined plant sources. Vegans need to try harder and get complete protein in each meal.

Make sure you are not eating the same thing every day and use a combination of raw and cooked food, even if it is just simply a sprinkle of fresh herbs on your meals. Absorption is also important, you can use apple cider vinegar, or lemon juice 20 minutes before meals as a pre-digestive, or as a marinade on many foods. For heavier proteins and depending on how your tummy responds to things like pulses, you may want to have some digestive enzymes handy for when needed and take as directed after meals. Modere digestive enzymes work well, check them out here <https://www.modere.com.au/ProductDetail/digestive-enzymes>

Organic and hormone-free is important for animal proteins and organic vegetables if you are juicing or making smoothies, or for any fruits and vegetables consumed in high amounts. Soy products should also be only organic, as they are from GMO crops otherwise and you shouldn't consume these as they are being proven to impact our hormones and methylation pathways.

From a pH perspective, combine acid foods with alkaline food, not acid with acid, however alkaline and alkaline works. Get good at getting hungry, hunger means firstly you are thirsty. Drink some water, if you're still hungry half an hour later, your body is telling you the previous meal has been digested. Don't eat for the sake of scheduled breakfast, lunch and dinner. Listen to your body, you will be amazed how different you feel. Hope this helps a bit more with some meal planning, have fun with it. Try things you may not have tried before, such as the tasty tofu recipe on the following page which I made for a vegetarian guest at a dinner party and was surprised how yum it was, and have kept trying different ways to make tofu tasty. As always for more information email Absolique Trichologist Brisbane info@absolique.com.au

Recipe – Honey Ginger Tofu and Veggie Stir Fry



This is a vegetarian recipe that can easily be converted for vegans and can also be gluten and sugar-free. This was seriously easy and tasty and made good lunch leftovers. Traditionally, I am not a fan of tofu, but had heaps left over from a vegetarian dinner party dish, which was not bad either served with another veggie stir fry (see recipe links below).

Always choose organic tofu. When not labelled organic it has come from GMO crops and you don't want to be eating that harmful stuff. Use whatever vegetables you have on hand, I used green beans, snow peas, shredded cabbage and shredded carrot. Anything will work with the method and the sauce simply makes it all taste good.

Honey Ginger Tofu and Veggie Stir Fry:

Ingredients:

Stir fry: 1 1/2 cup uncooked brown rice or farro, 2 tablespoons canola oil, @ 400g extra firm tofu, 2 cups chopped asparagus, 2 cups shredded carrots, 3 green onions, minced
Garlic ginger stir fry sauce: 3 cloves garlic, 2 tablespoons fresh ginger, 2 tablespoons honey (more to taste), 1/2 cup low sodium soy sauce, 1/4 cup water, 1/4 cup rice wine vinegar, 1/4 cup coconut oil

Instructions:

Sauce: Puree all the sauce ingredients together in a food processor until smooth. Set aside.
Tofu: Cook the rice or farro according to package directions. Cut the tofu into slices and press with a paper towel to remove excess moisture. Wait a few minutes and press again, there's lots of water in there! Cut the tofu slices into small cubes. Heat the oil in a large non-stick skillet over medium heat. When the oil is shiny, add the tofu and about 1/4 cup of the stir fry sauce (watch out because the sauce and oil will spatter a tiny bit – have a cover ready or just skip the sauce at this point). Pan-fry the tofu until golden brown. Remove from the pan and drain on paper towel lined plates.
Veggies: Return the pan to the heat and add the asparagus with 1/4 cup stir fry sauce. When the asparagus is bright green and tender crisp, add the carrots and toss together. Arrange the veggies and tofu over the cooked rice or farro, and cover with more sauce to taste. Sprinkle with the green onions.

To make this gluten-free, make sure your soy sauce and your tofu are both certified gluten-free brands. To make this vegan, use an alternative sweetener in place of honey. You can find tofu in most grocery stores. Sprinkle tofu with the tiniest amount of chili powder right in the frying pan to bump up the golden colour. Peel the carrots into long strips instead of grating. For a completely sugar-free version of this recipe, use white distilled vinegar.

Here is the link to the original recipe <https://pinchofyum.com/honey-ginger-tofu-veggie-stir-fry>

And the vegetarian dinner party dish: [Quick and Easy Crispy Tofu](#) that was perfect with [Broccoli and Mushroom Stir Fry](#). Enjoy!

Team News



We have had the pleasure of Irene back on board once a week with one-year old Edie coming along and offering much entertainment and cuteness, she even had a cameo role in one of our videos. Natasha had a very sick puppy that spent a day with us at Absolique too, see photo of Lola working hard. She is all better now too. Carolyn and husband, Daniel are making headway on their country property with the uncovering of the very overgrown veggie patch, now composting and getting ready to plant.

We are here to support you through your hair health journey so please feel free to email reception on reception@absolique.com.au or

call on (07) 3229 3242. If we do miss your call, please leave us a message as things can get busy on the phones. We will always get back to you as soon as we can.

Don't forget if you can't visit us at our Brisbane clinic, we also offer Skype, Phone and Email microscopic diagnosis and consultation services. Web Site: Absolique Hair Health Clinic.

Trichologists appointment hours are:

Monday –	C L O S E D
Tuesday –	11am – 5pm
Wednesday –	11am – 6pm
Thursday –	12pm – 6pm
Friday –	11am – 6pm
Saturday –	10am – 1pm

Please note: Trichologist appointment hours differ from reception hours. We ask that you call ahead to schedule a time to come into the clinic for any product orders and pickups, as we may not be available during these times to serve you in reception. Please contact reception or email info@absolique.com.au for more information.

