



Welcome to December 2020 Newsletter, Summer Edition by Absolique Hair Health Clinic. In this edition you will find for this giving season Absolique Gift Cards, give the gift of hair health. This crazy year has taught us how to Zoom, which has enabled us to interview and record to share with you all; interesting people, leading food based nutrition company with exceptional products, the latest in PRP hair loss treatments and partnership with a

Brisbane based provider, and a catch up with our friend at Modere to remind us about the Modere difference and what is new. There are also a few new things that will be available at Absolique next year and we share a recipe that fits in with 'The Art of Absorption', plus some more results from Absolique Hair Loss Treatments. Enjoy and have a happy and safe festive season, we all look forward to a better 2021.

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Absolique Gift Card



Give the gift of healthy hair to someone you care about that you know has been struggling with hair loss, hair thinning, scalp concerns, or who just wants healthy hair. Absolique Hair Health Clinic have gift cards available for purchase and be used on any service in our bespoke Trichology Clinic and Organic Hair Salon. Gift cards can also be redeemed on any product we stock in clinic for your hair loss treatment, hair thinning treatment, scalp treatment products, and our nutritional supplement range of products.

Stuck for a gift suggestion when the secret Santa request comes in or sick of getting gifts you cannot use? Why not ask for an Absolique gift card, available to purchase for any dollar amount, no minimums and no maximums. If you have ever wanted to use our bespoke Trichology services or try out our Organic Hair Salon, this could be the chance for you.

- Absolique gift card can be used on any service
- Trichology Services from initial appointment to check ups and scope sessions
- Organic hair salon services
- All products in clinic and hair salon

If you don't need our Trichology services, then why not treat yourself or someone special to a therapeutic scalp treatment, hair rebuilding treatment with infrared technology, organic colour services, hair cut or restyle in our private and relaxing organic hair salon. There is also unique health testing with Hair Tissue Mineral Analysis (HTMA) to measure levels of potential toxic metals in your body through your hair and Trichology services that help you understand your blood tests to track and gauge health.

Gift cards can be used on all Absolique products, including our entire nutritional range, Modere, Activation, Orthoplex and Nutra Organics. For the hair and scalp treatment side, Activance, Absolique and Oway organic hair care. Our hair additions which are hair extensions for volume are also included!

To purchase Absolique gift card simply call reception on 07 3229 3242 or [email](#) . We can post anywhere in Australia and can email gift card details to use for redemption for our overseas clients. You can find out more about our services and prices on our [website](#). With an expiry date of 2026, you have heaps of time to decide how to use your Absolique gift card. The only thing not covered by the gift card is postage and shipping.

Absolique Trichologist shares Activation Products

Trichologist at Absolique Hair Health Clinic is always looking out for safe products that will enhance hair, scalp, and health. To consider a product company, they must have high manufacturing standards, prove ingredient quality, effectiveness, and testing. It is exciting that Activation tick all these boxes plus more to deliver products that are as fresh as the day the ingredients were picked through scientific processing techniques that are unique.



Providing whole food supplements, Activation products have many benefits to health and the nutrition Absolique Trichologist is always aiming for when helping with hair loss, hair thinning and scalp problems. The specific nutritional elements required to achieve cellular health are Minerals, Essential Fatty Acids, Vitamins, and Antioxidants, listed in order of importance. Most of these elements are covered in Activation Products Oceans Alive and can be complimented by adding one of the Perfectly Pressed™ organic seeds pure oil products for additional health benefits.

- [Oceans Alive](#) – Provides array of minerals, vitamins, essential fatty acids and amino acids
- [Styrian Pumpkin Oil](#) – DHT inhibitor, smoother skin and hair, decreased inflammation
- [Five Seed Blend](#) - One of the most nutritious oils you can put in your body
- [Amaranth Oil](#) – An ancient beauty secret you can eat
- [Black Cumin Oil](#) - This superfat helps your body in over 67 different ways
- [Milk Thistle Oil](#) - High in antioxidants that support healthy skin, hair and liver
- [Coriander Oil](#) – Provides the body with vitamins and helps process vitamins
- [Ease Magnesium](#) - Natural solution that enters your bloodstream through your skin

Activation Oceans Alive® is the purest, most potent marine phytoplankton supplement because it is fresh, pure, and raw. Using a scientifically proven natural method of stabilization that does not require any heat, cold, freeze drying or any processing. Activation simply add the freshly harvested marine phytoplankton to a pure, concentrated sea mineral solution that instantly stabilizes each cell in its perfect condition with freshness. Activation Oceans Alive® supports general health with nutrient density of this microalgae providing a wide array of minerals, essential fatty acids, amino acids and vitamins.

Perfectly Pressed™ Activation Oils contain in every bottle thousands of organic seeds. Using a unique pressing process ensuring there is no damage to the nutritional properties, delivery many health benefits. Stored in UV-protective Miron glass bottles, maintains quality over time, zero damage equals zero rancidity and a pure product. Every drop of oil is extracted without the use of heat, meaning that there is absolutely no damage to its nutritional properties, after that it's bottled, absolutely nothing is added to these unique oils.

Absolique Trichologist is proud and pleased to become an affiliate with Activation and their amazing, pure products with so many health benefits. Check out the range of Activation products and learn more about each unique product and its uses, go to their [Australian website](#) and use the Promo Code ABSOLIQUE to receive a 10% discount. To get further information on Activation products and help to choose the right ones for your hair loss treatment, [email](#) Absolique Trichologist and listen into our very interesting interview with Activation founder Ian Clark [here](#).

Advanced PRP Hair Loss Treatment



Absolique Hair Health Clinic Trichologist Carolyn Evans-Frost is a hair loss specialist, helps with hair thinning and hair regrowth treatments. Absolique provide various successful hair loss treatments which work best in combination therapy. As science is constantly progressing, Absolique Trichologist stays up to date with the latest research and results, one of which is platelet rich plasma, PRP hair loss treatment.

As Absolique Trichologist I am excited to be talking about PRP and cosmetic injectables to help with hair regrowth. PRP as a hair loss treatment has improved over the years with addition of growth factor and collagen. This is termed 'Advanced PRP' and is delivering impressive results but is not available everywhere with only limited qualified practitioners practising this specialised treatment. As with any treatment, one must find a trusted practitioner, so Absolique Trichologist has done the hard work for you. Introducing Diane Mayes – Cosmetic Practitioner and Registered Nurse and Founder of EsthetiqueNY – A New You. Specialising in Cosmetic Injectables & Skin Clinic along with many other exciting treatments, including Advanced PRP hair loss treatment.

- Platelet rich plasma, PRP hair loss treatment
- Advanced PRP with growth factor and collagen
- Absolique will help provide the best combination therapy hair loss treatments
- Both Absolique and EsthetiqueNY are offering free 15-minute consultations to discuss if Advanced PRP is the best treatment for you

Hair loss and hair thinning, like other health concerns, do not have a singular cause. Absolique Trichologist knows how to find your underlying cause and contributing factors to help you chose the right treatment path for you. As an example, a young woman in her 20's presenting with early onset progressive androgenetic alopecia or female pattern hair thinning, will get great results from Advanced PRP, but if she also has underlying low iron or ferritin, the result will not be long lasting. For best results we recommend using any PRP treatment in combination therapy or at least find out your contributing factors for best results.

We have seen PRP work extremely well in combination with Absolique hair loss treatment but have also seen beneficial results as a stand-alone treatment in some cases. Like any treatment, PRP is an investment in yourself, so I believe you owe to yourself to get all the information possible before deciding on your treatment path. Advanced PRP treatment cost starts from \$650 for a singular treatment, with multiple and ongoing treatments required depending on your level of combination therapy and contributing factors.

Diane from EsthetiqueNY is so kindly offering Absolique clients \$50 off your first treatment and a free initial 15-minute consultation. To contact Diane, call 042 444 6522, [email Diane](#) and visit her [website](#) for more information. Esthetique is located at Refine Health, 22 Cambell St, Bowen Hills Qld 4006. Absolique Trichologist is also offering a free 15 minute consultation which can be in person or over the phone, to discuss your hair loss or hair thinning concerns and see if PRP is your hair loss treatment solution, or see if we need to dive deeper with health consultation including analysing nutritional status and microscopic diagnosis first. For more information about PRP Hair Loss Treatment [email](#) and watch our interview [here](#).

The Modere Difference

Absolique Hair Health Clinic have been with Modere for nearly 9 years now. Trichologist Carolyn was first introduced to Modere when looking for a company who would provide proven and safe products to help when treating hair loss, hair thinning, scalp conditions and these days, accumulating autoimmune conditions that contribute to all of these problems.



Combination therapy is the best approach as we need to address both symptoms and causes, and most importantly, underlying causes. This is where nutrition plays a big role. As a Trichologist having studied nutrition on various levels over 25 years, I quickly realised food is at the base source of many of our problems. My mission to help people led me to look for trusted and real nutritional supplements, which is when I met Matthew Riddell representing Modere.

- Green Qi
- Natural Mineral Drink
- EFA Krill
- Adult Multivitamin
- Antioxidant
- Probiotic

We had the pleasure of talking with Matthew whom helped me through many years of training on the Modere products, answering all my difficult questions and providing me with so many resources to become affluent in the Modere difference and how to use Modere as a Practitioner. In this relaxed interview we cover many aspects of health and why Modere are different from what is commercially available. We also discuss how the company has evolved and continues to update their products with proven science.

Matthew shares Modere unique collagen product, my favourite for Absolique clients is Liquid Biocell Life. There are also many new additions to the Modere skin care range including this patented form of collagen. Used combined with your nutrition regime, delivers many health and beauty results not just hair but skin too. Collagen in the direct form for the body can have amazing effects, combined it is beauty from outside and in.

Absolique Trichologist uses Modere in a prescriptive way, addressing individual health concerns related to analysing blood tests and learning about your hair, scalp, and health concerns. When we recommend any Modere nutrition product, we will give you individual instructions on how and when to take to ensure and maximise absorption. We do not work on a one size fits all solution. That is why we ask for you to purchase your first product from us, for individual instructions that are verbal and written which can take 30 minutes to transpire. We do not charge for this service as it is so important to us that the recommended product works for you. Then we set you up with an online account that is free so you can purchase direct to get the best price. For more information about how Absolique use nutritional supplements and Modere, [email](#) and to watch the interview, [click here](#).

New in 2021



Real Food Menu Planning - At Absolique we always listen to our clients and are on the lookout for any way we can help you further. A big request this year has been with lifestyle changes relating to food. Many of our treatment programs request you to look at your food and avoid added hormones, GMO (genetically modified organism), gluten, dairy and sugar. We can also ask you to follow 'The Art of Absorption' which for some can be complicated because of food combining.

To help we are researching an online service that can help you with meal planning within the set guidelines, with a weekly menu with your individual preferences for breakfast, lunch, and dinners and how to use leftovers. We are currently trialing the program to make sure it suits our client's needs and will keep you updated in the new year. Please show your interest in the program as it will take a lot of time and effort to set up, [email Absolique Trichologist](#). There will be an initial cost to set your food and cooking preferences, (some people don't want to cook, which we can cater for too). Once you are set, follow it for a month, once you have learned your new skills, we can convert you to a simple subscription direct to the company for ongoing menu ideas.

Laser Hair Treatment - has been a part of Absolique all along, laser is an energy treatment to assist hair regrowth. We have never used it as a standalone hair loss treatment and still believe it needs to be in combination therapy. Laser hair loss treatment can become expensive in cost or time. Absolique previously recommended laser device is no longer meeting requirements so we have been researching for a cost-effective solution. With science progressing around us, there are new hands-free laser devices that deliver more effective treatment, simpler application, and cost effective. We are waiting for some samples to arrive but also have some pricing in place, based on USD. If you are interested in home laser, please [email Absolique Trichologist](#) with your price range which can be from \$500 - \$3000 USD + shipping. I can then send you your options and get the best price.

Nutra Organics - Another exciting affiliation is with Nutra organics. Nutra Organics provides real, honest nutrition that not only tastes good, but is easy to incorporate into daily life. Their Collagen range is perfect to add to your daily green drink and can assist further nutrition. Their products are certified organic whenever possible and packed with essential nutrition to boost everyday health. They work hard to maintain the integrity of all they produce, from the highest quality ingredients in the blends to the drying methods that preserve the most amount of nutritional value. They do not use artificial colours, flavours, synthetics, or ingredients. For now, you can check them out and let me know if you would like a \$10 discount, simply email me and I will email you a \$10 voucher to purchase online. We hope to have a better discount offer for you set by 2021.

Recipe – Easy Vegetable Crustless Quiche

Loaded with veggies, and free from grains & dairy, try this delicious crustless quiche for breakfast, lunch, or dinner!

Prep Time 15 minutes, Cook Time 45 minutes, Total Time 1 hour, Serves 4, Vegetarian, gluten and dairy free.

Ingredients:

- 2 medium onions
- 2-3 tbsp coconut oil + extra to grease the dish
- 1 red pepper
- 2 zucchinis
- 2 tsp dried oregano, add other herbs to taste
- ½ tsp smoked paprika
- ½ tsp ground black pepper
- pinch salt
- 6 organic eggs
- 50 ml almond



Instructions:

- Peel and slice onions. Heat the coconut oil in a large skillet over a medium heat and sauté the onions for 5 minutes until softened and starting to brown slightly.
- Meanwhile, slice the pepper, discarding the stem, seeds, and membranes. Cut the zucchinis into 4-5mm slices.
- Add red pepper and zucchini to the pan with the oregano, paprika and black pepper, and continue to cook, stirring occasionally, for another 5-10 minutes.
- Preheat oven to 180°C. Thoroughly grease a quiche dish with coconut oil.
- Transfer cooked onion mixture to the greased dish. Whisk the eggs and milk together, season and pour over the vegetables.
- Bake for 45-50 minutes, until set, slightly risen, and beginning to brown.
- Enjoy with fresh salad.

[Click here for the original recipe](#), but don't be scared to swap vegetable ingredients and add other herbs and spices to taste. I used 1 onion and 3 shallots, 1 zucchini and 1 cup red spinach, and fresh Cuban oregano, simply because it was what I had at hand. I also added some dried thyme and if you don't like smoked paprika, you could use ground cumin and/or coriander instead. This recipe is perfect for Food for Ferritin and the Art of Absorption with correct food combining. Make sure you don't ruin it by adding cheese or high carbohydrate salad.

Female Hair Loss Treatment Story and Results

In this story we share an otherwise healthy female, 35, expressing concerns with hair thinning, hair



breakage, oily scalp, and dandruff. The problems had progressed over the years but had become noticeable in the past 2 years to the point of needing to use hair extensions to feel better about the hair appearance.

Trichology consultation uncovered use of Roaccutane, a drug used to help with acne, 6 courses over the last 20 years. This indicated a hormonal problem and most likely low vitamin D contributing to the underlying cause. This medication, as much as it can be beneficial to save people from acne scarring,

commonly results in the dysfunction of oil glands and dry skin, which explained the scalp concerns. We also found a history of low iron and poor vegetarian, admitting she had not been eating so well.

- Hair thinning, hair breakage, oily scalp, and dandruff
- Roaccutane drug for acne 6 courses
- Poor vegetarian, low iron, low Vitamin D
- Combination therapy topical, nutritional, diet and lifestyle

Poor vegetarian means they were avoiding animal proteins except for eggs and fish, but ended up eating more carbohydrate, less vegetables and more processed food. Because of other health concerns, she had visited a naturopath 1 year earlier and had managed to become a healthy vegetarian, but this was not helping the hair.



Microscopic diagnosis uncovered 50% of the total hair growth diffusely over the entire scalp were not growing properly because of the past combined events. We could also easily confirm excessive scalp scale, oil, and dry scalp. All of this was consistent with consultation findings and then the blood test also showed low vitamin D, low ferritin, low zinc and moving thyroid levels.

To correct all these problems, we went in with a combination therapy approach, addressing all symptoms and causes with both topical and

nutritional treatments. Food plays a big role here to, so we implemented food for ferritin and the art of absorption. Client compliance is essential for a result, this client was more than happy to make diet and lifestyle changes for health and hair and the results speak for themselves. She no longer needs to use hair extensions and can now safely colour her hair again without hair breakage. The before and after images we share here are from the beginning of hair loss treatment to the second check in at the 8-month mark.

Male Hair Loss Treatment Story and Results

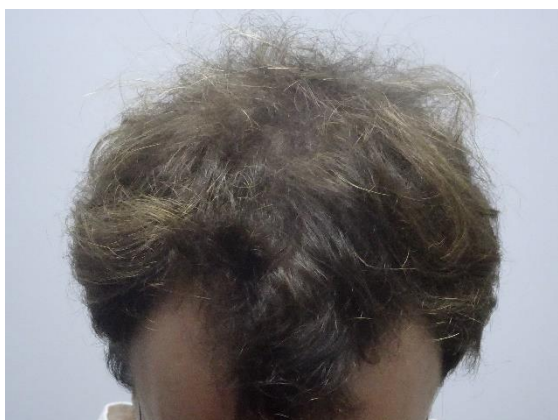


Here we have a story of a young male, 23 concerned about hair loss, hair thinning, scaly scalp, and dry hair. He had noticed the changes over the past 4 years. Visually the hair thinning was in the typical male pattern hair thinning (MPT) areas of the recessions and front and had receded quite dramatically for the age. Male pattern hair thinning is not supposed to be quickly progressing, it is a gradual hair thinning. This means we had to look for other contributing factors.

Trichology consultation and checking blood test results uncovered a stressful job with shift work over 60 hours a week, and glandular fever. Personality showed high resistance to stress and the desire to perform at high levels, which can take its toll on the adrenal glands. We also found low levels of triglycerides, required for good health, low vitamin D, and low-end ferritin and B12. All of this is consistent with lowered immunity which can compromise health and hair growth.

- Early onset male pattern hair thinning
- Stress and lowered immunity
- Nutritional lows
- Combination therapy hair loss treatment and nutritional therapy

The male pattern hair thinning also had some genetic factors, but what we had now was early onset, meaning it should not be happening at this age, but was accelerated because of all the contributing factors. At the time of Trichology consultation, the workload had reduced, lifestyle was better, and diet was improving. Absolique Trichologist made many suggestions including following Food for Ferritin, the Art of Absorption, avoiding gluten, dairy and sugar, and adding supporting nutritional supplements.



Combination therapy topical approach was also introduced, to get a good result in the first 4 months of treatment as he was planning to move overseas, so we had a lot of work to do. I do recall this client requested an extra appointment to discuss food and diet to be sure he was covering all bases. It only took us 30 minutes at a cost of \$90 but helped him immensely to make the dietary changes that really do impact nutritional results along with supplementation of course. Unfortunately, these days, we cannot fix these problems with food alone.

At our four-month check in, there was significant change in the appearance of the hair and the blood test concerns had all improved, but we still have work to do. From here we provide a maintenance plan to suit the travel and change of country and diet as this will also be impacted. We will now catch up by online services to track results and provide support in the different living environment. As Absolique Trichologist, I hope you appreciate how much we have achieved in these first four months and what we could do to help you if you relate to this story or images.

Excerpts from eBook1 – Hair Loss, Hair Thinning, Diffuse Hair Thinning

As Absolique Trichologist I get online and email questions every day. Some that have been similar over the past few weeks are discussed in my free eBook 1. So, I have decided to include some of the subjects here in hope it will further help to answer some of your questions. [Email](#) for a free copy of eBooks 1 & 2.

1. Let's Get Started Talking About Hair Loss

Let's be politically correct here, hair loss is actual hair falling out and will only be talked about within these pages as the act of hair physically falling out. Hair loss is the state when hair falls out. We all lose hair every day. It is a part of your normal hair cycle. If the hair does not fall, it is not in its normal hair cycle and potentially, not growing normally.

We all lose hair, (it is normal) but how much hair is normal? Science says we lose 70-160 hairs per day as part of the normal hair cycle. When hair loss is occurring, hairs fall at double the rate. This means you could experience up to 140-320 hairs lost per day. When this occurs it is scary, I understand that, it has happened to me. This is when you need to read the important facts we share with you to help you understand, hair loss happens for a reason.

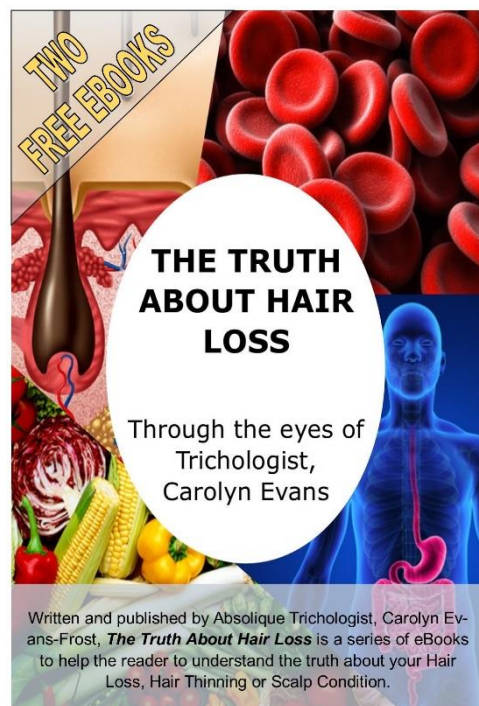
When the hair falls out today, the cause was present in the body three months ago. This is also a fact of the hair cycle. Hair loss occurs three months after the body disturbance. Always look back three months. If you have ongoing hair loss, look back to when it began and check your health status then and now. This type of hair loss is diffuse. This means it is scattered diffusely all over the scalp, it is not in patterns or patches.

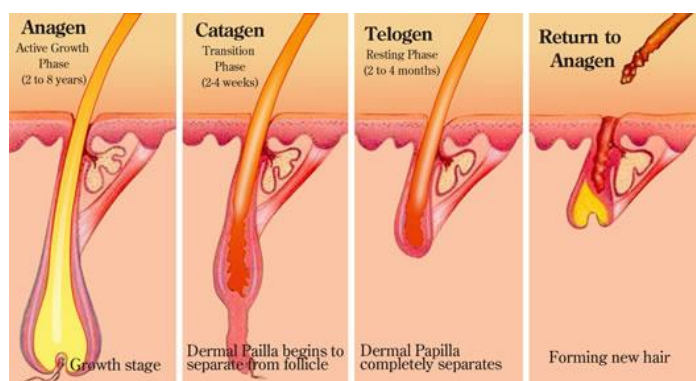
Never forget this rule of 'diffuse' hair loss, 'diffuse hair loss is self-correcting once the causative factor is removed'. If your hair loss has continued for more than four months, then there is an underlying cause which you need assistance to find and address. Diffuse hair loss can also be called 'Telogen Effluvium' or 'Anagen Effluvium', they all mean the same thing but are describing a state of the hair cycle.

2. Now Let's Talk Hair Thinning

Hair thinning is not hair loss. It is not hair physically falling out. There are various types of hair thinning, we will cover the most common ones; pattern hair thinning and diffuse hair thinning. Pattern hair thinning only occurs at the recessions, front, top and crown of the head, never all over. Pattern hair thinning will always be within these specific areas and never affects the back (terminal) area of the head.

Pattern hair thinning is something not to be afraid of. It happens for a reason and you just need to understand your reason and address it accordingly. It was once predominately hereditary, but now we all have hormonal and environmental influences as well as the free radical effect. Pattern thinning has been around since the days of Julius Caesar, it is not new, but the triggers are. We will teach you the reality about pattern hair thinning and how to protect yourself, naturally.





Pattern hair thinning is one of the largest target markets for the hair loss and cosmetic industry. Problem is, none of these so-called hair loss products address symptoms and causes and they don't offer a correct diagnosis to start with. They may deliver a short-term result, but that is it. The Truth About Hair Loss is here to help you save time and money, and your hair. Pattern hair

thinning is also known as pattern baldness, male and female pattern baldness, androgenetic alopecia and pattern hair loss. Whatever it is called, it really is not that difficult to treat once you have a correct diagnosis. I find most cases of your suspected pattern hair thinning are secondary problems. The main problem is a broken-down hair cell and disturbed hair cycle. I will always demonstrate this with a microscope. Rarely do I find a straightforward case of pattern hair thinning these days. 'Early Onset Pattern Hair Thinning' means it has started at a very young age. This is commonly happening to young men and women and noted as early as teenage years. The key again is correct diagnosis so simple preventative measures can be put in place.

3. Diffuse Hair Thinning

Pattern hair thinning and diffuse hair thinning are very different and are commonly misinterpreted. Human nature will make you notice changes in the typical pattern of hair thinning, but, you may not notice there are also changes in the hair at the back of the head, in the terminal area, the thickest area of hair on your head. Diffuse hair loss and diffuse hair thinning will expose underlying pattern hair thinning. It is so very important here to understand there is potentially two different things going on. If you go after the wrong one, you will not get a result.

Diffuse hair thinning is a result of the hair cell. Whether you have had hair loss or not, the hair grows from a cell. Within the cell is your DNA, your code, your hair type, your hair cycle. When the hair cell cannot get what it needs or is disturbed by problems in the body, the cellular division replicates a damaged cell, this will grow a hair thinner than your normal hair type.

As a Trichologist with my modern microscope always at my side, along with knowing how to ask the right questions to get the right information from you, I am best armed to advise what the hair thinning problem is and find where it came from. This will always address both symptoms and causes to prevent further hair loss and hair thinning and even obtain hair regrowth. I find correct diagnosis and sharing the truth about what is happening to your hair empowers you to make required changes for health and hair.

Team News and Christmas Hours

As the school holidays approach, we will be on reduced reception hours to support our wonderful and dedicated receptionist and hairdresser extraordinaire, Vanessa. On most days, before she starts work, Vanessa has already experienced a whole day of challenges that come with 3 children. Vanessa shares her stories which I am sure many mothers would relate to at this time of the year, and in particular, this challenging year. Vanessa and her partner Ryan still manage to grow their own produce and were so kind to share with me some red spinach, which turns out to be of the rhubarb family, was totally delicious and I am now trying to sprout from the stem so I can grow for myself.

As a growing enthusiast, I have continued to nurture my plants at the country property to much avail with the dry and hot conditions. We still have tomatoes flowering from January 2020, so that is positive, my giant basil is now dying off, the broad beans did not produce enough for a meal, but was fun to watch, my firestick celery just keeps going, and the mint, well, I will never run out, all of this in drought situation in my water saving garden beds. I did get some radish, not enough for a meal but interesting the young leaves are delish to eat. Also nurturing some fruit trees, lemon, orange, and mulberry, just hope with my efforts, they will survive. We have lost many natives this year due to the conditions. We have also started trying cuttings with much success, my favourite and most surprising was Cuban oregano.



Beautiful Irene, who continues to help remotely has a new addition to her family, a baby boy. Now she has 2 under 3! All seem well but busy as we could all expect. Our thoughts and love go out to Irene and family. Big thanks for continuing to help us out during this nursing time.

Our Saturday helper, Jemmah has graduated year 12, congratulations! A very different formal and schoolies than any other year, but hear it was all fun. Jemmah is looking forward to university next year, but how much will be online or on campus is yet to be determined. Can't wait to hear if she gets her preferences 😊

Please note - Reception is on reduced hours to accommodate school holidays. Reception is generally present Tuesday, Wednesday, and Friday but hours vary, so be sure to arrange product pick-ups to avoid missing us. Clinic and salon are open by appointment only. Thank you for your patience during this time. For product orders and appointments [email reception](#) or call and leave a message at (07) 3229 3242. See below for holiday closure.

Last day: Friday 18th December 2020 – 11am – 3pm. - **Reopen:** Tuesday 12th January 2021 – 11am

It may seem like a long time, but we need the break, we are here for you to get all your orders, programs and everything sorted before a well-deserved holiday break. Trichologist Carolyn will monitor her emails so for emergencies; email info@absolique.com.au

Happy holidays, stay safe and well,
Trichologist, Carolyn and Team Absolique

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